



The Tar Heel Times

The Official Newsletter of the Kare Youth League Tar Heel B's



December 4, 2012

FRIDAY, DECEMBER 7

NO BASKETBALL PRACTICE

SATURDAY, DECEMBER 8

8:00 - 11:30 Breakfast with Santa



This year's breakfast will be in the Stivers Center in Arcadia.

Come and enjoy a wonderful breakfast,

games and a picture with Santa. This year we are also participating with Toys for Tots. Bring an unwrapped toy or book and brighten a child's Christmas. The cost will be \$7.00 per breakfast. It's going to be a lot of fun!

3:00 - 5:00 Basketball Practice

Come and enjoy an afternoon of basketball fun & PIZZA!! (If any parents want to help out with the pizza and drinks let me know - thanks!!) We will practice on the courts next to the office. We will go over the rules, practice dribbling, passing, shooting and run a scrimmage against ourselves. You can wear anything you want.

REGISTRATION DAY!!

Please be sure your basketball registration is paid this Saturday. I don't like being a tax collector so please make sure this happens.

Thanks for your support!

Basketball Time!

We are going to have two different Tar Heel teams. I will split the teams after Saturday's practice. Be sure to keep an eye out to see which team you are on! We practice all together every Tuesday and Friday from 4:15 - 5:30 at Kahler Russell Park. On Tuesdays we will be on the courts near Grand Ave. on the west end of the park. On Fridays we will practice on the small courts near the office.

Our uniform consists of a Tar Heel jersey, black Kare shorts, white socks and tennis shoes. You must come in your proper uniform every week in order to participate. Basketball registration fees are due on December 8th. Please be sure your Registration is caught up. **You can not start the basketball program if you still owe fees from prior sports!**

Special B & B-1 Division Rules

Boys will match wristband colors by ability with their opponents.

- 1) Boys will play a Man to Man Defense. They may only guard the boy with the same color wristband.
- 2) The defender cannot guard the ball handler until the ball crosses half court.
- 3) There is no stealing allowed outside of the key. Boys should position themselves between their man and the basket in good defensive positioning. If the offensive player enters the key, anyone can steal the ball or block the shot.
- 4) Loose balls may be picked up by any defender on the floor.
- 5) A defender can have their hands straight up in good defense to contest a shot outside of the key.
- 6) If the ball is stolen outside of the key, the official will immediately give the ball back to the offense, without taking the ball out of bounds.
- 7) We play 20 minute halves.