



Florida St. Seminoles

Newsletter



September 7, 2007

Welcome Back!!!

New Division

As of today, you are now competing in the 'AA' division (fourth grade).

Starting next week (and continuing through the school year), the Seminole AA's will be coming on Wednesdays and Fridays from 4:15 – 5:30 for practice (team meetings will be on Fridays). Saturday game times for football will be late morning or early afternoon.

Football Uniform and Equipment

Much of the football uniform is the same as last year; football pants, shoulder pads, long maroon socks, football helmet and cleats. DO NOT remove the decals on your helmet – they are the same as last year. As you earn your "kill stickers", you can add them to the ones you earned last year.

If this is your first year of football, you will have to purchase your equipment. There is a package deal available in the office. You will need football pants (with pads), a football helmet, shoulder pads, a football jersey (not the same as soccer), and a mouthguard. The socks and cleats are the same as what you wore in soccer.

Important! Please do not forget the mouthguard. This piece of equipment is MANDATORY in order to participate in practices and games.

Also starting this year, football pants with pads ARE REQUIRED to participate in practices (make sure to reserve the washing machine for Friday night). You might consider purchasing another pair of pants used for practice only (pads should be interchangeable). A jersey or shirt is also mandatory over the shoulder pads. If your child is missing any items, they will not be allowed to participate in practices or games.

Newsletter Available Online

Your child will be given a team newsletter each week. However, that is no guarantee that it will get home. You can view this newsletter on the internet by going to www.denovodental.com/news.htm

Problems or Questions?

Feel free to ask the coaching staff if you have any questions. You can contact Mr. Horton by calling (626) 222-7291 (if I don't pick up, leave a voicemail message) or by email at phil@denovodental.com. Please do not leave a voicemail at Kare. It is likely that it will never be heard.

AA Division Football

AA Division football is almost identical to last year's A Division football. The number of ball carriers is decreased to four instead of five, and you are allowed to rush on some scrimmage kicks. Everything else is basically the same.

Football Weight Limits

AA Division (4th Graders)

Less than 50 lbs	Move down to 'A' Division
55-90 lbs.	No Restrictions
90-100 lbs.	Can play offensive or defensive line only.
100-110 lbs.	Can play offensive line only
110-120 lbs.	Move up to 'AAA' Division
Over 120 lbs	Not eligible for football

Minimum Equipment Requirement for Practice

Helmet (with chin strap)
 Mouthguard
 Shoulder Pads
 Jersey or Shirt
Football Pants (with pads)
 Cleats (optional)



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West Nile Virus Information

The San Gabriel Valley Mosquito Control has detected mosquitoes that are infected with the West Nile Virus at Russell Park this summer. We have since learned that mosquitoes infected with West Nile Virus have been detected throughout the San Gabriel Valley since last summer, including parks located throughout Covina and West Covina.

All coaches have attended a training session on this issue. Here is a summary of the facts:

West Nile virus can be transferred to humans through mosquito bites.

The vast majority of people who have been infected with West Nile virus show no symptoms and are unaffected. Only people with suppressed immune systems are affected (generally, babies under 6 months old and adults over 65). Even then, most symptoms are mild, and consist of fever, headache and body aches (similar to the flu). Any symptoms that do occur will do so within 5-15 days after being bit. Medical attention should be sought if the symptoms become severe (high fever, stiff neck and disorientation).

Mosquitoes are most active during twilight (the time between sunset and night).

Take care not to expose very young infants and the elderly to this risk during twilight.

To decrease the risk of being bit, you can spray insect repellent on your child (or yourself). There will also be insect repellent wipes available free of charge at the Russell Park office.

The health department has made it clear that the danger to children and adults is very small, and they have encouraged us to continue our activities at the park. The county is spraying the ditch area to alleviate the mosquito population, and the trapping and testing will continue as well. The threat will end as cooler weather sets in some time in October.

If you have any questions, feel free to contact Mr. Horton or call the Mosquito Control district at (626) 814-9466. Their website is www.sgvmosquito.org.

2007 Tentative Football Schedule

Date	Opponent	Time/Location*
Sep. 15	Pre-season Scrimmage	10:30-Russell
Sep. 22	North Carolina	10:30-Russell Park
Sep. 29	Showcase	TBA (evening)
Oct. 6	Georgia	11:30-Russell Park
Oct. 13	Kentucky	10:30-Arcadia
Oct. 20	Miami	TBA-Arcadia
Oct. 27	North Carolina	TBA-Russell Park
Nov. 3	Bye	
Nov. 10	Georgia	TBA-Arcadia
Nov. 17	Kentucky	TBA-Russell Park
Dec. 1	Playoffs	TBA
Dec. 8	Championship	TBA

**Subject to change – you will be informed*

Activity Schedule

Wednesday, September 12

Football Practice – 4:15-5:30 – Russell Park
(Full equipment, including pants/pads)

Friday, September 14

Practice and Meeting – 4:15-5:30 – Russell Park

Saturday, September 15

Football Scrimmage – 10:30 – Russell Park
(Wear game uniform)

Wednesday, September 19

Football Practice – 4:15-5:30 – Russell Park

Friday, September 21

Practice and Meeting – 4:15-5:30 – Russell Park

Saturday, September 22

Season Opener vs. NC – 10:30 – Russell Park