



THE OFFICIAL WEEKLY NEWSLETTER OF KARE YOUTH LEAGUE

## COLUMN ONE

# Prep School Education for Kare Members

**K**are Youth League's schools, Pearl Prep and Rio Hondo Prep, invite all KYL parents to informal on-campus information meetings in February.

Pearl, Kare's elementary school, provides dynamic primary education for children in kindergarten through fifth grade. Rio Hondo, fully accredited by the Western Association of Schools and Colleges, serves grades six through 12.

The Pearl information meeting is **February 17 at 7:00** at the Pearl campus in El Monte, while the Rio Hondo meeting is on **February 24 at 7:30** at Rio Hondo (same site as Kare/Arcadia).

The information meetings will cover curriculum, student activities, school philosophy, application steps, and finance. Any family even somewhat interested is asked to call for more information during normal school hours. For Pearl call **(626) 442-7737**. For Rio Hondo call **(626) 444-9531**.

You'll find out that both schools provide a comprehensive educational experience where students don't just learn...they thrive.



Pearl Prep and Rio Hondo Prep give your child a well-rounded experience.



To get better at dribbling you have to practice, practice, practice, pra...

## Basketball 101

### Ball Handling

**T**o be a top-flight ball handler one must be able to survey the floor while handling the ball. A good ball handler always keeps her head up to find open teammates at all times.



One way to improve your ball handling skills is to dribble up and down the court switching hands and executing a variety of dribbling techniques. Such as the crossover dribble, hesitation dribble, the reverse pivot dribble, behind the back dribble, or the stutter step dribble.

When dribbling against pressure it is of the utmost importance to dribble low and protect the ball with your off-hand at all times, while again, - keeping your head up to find open teammates.

The great thing about it, you can practice ball handling anywhere (your driveway, backyard, court, etc.) - all you need is a ball and a little open space.

## Winter Camps in February

**K**are Youth League's winter camping season at Mount Kare is closer than you think and it is never too early to plan.

Mount Kare is located just north of Wrightwood in the Angeles National Forest - across the valley from the Mountain High Ski Resort. It sits on 16 beautiful acres of mountain terrain; features seven heated cabins; has a full-service kitchen connected to a gorgeous dining hall; and has a spacious two-story lodge complete with fireplaces and a game room.

If there is snow great - if not, the camps will still be a blast full of fun activities as campers take full-advantage of Kare's first class facility.

A wide range of activities are offered at winter camps including, but not limited to, snow play, inner tubing, sledding, snow boarding and skiing (for 5th & 6th), football, hockey, and indoor games like pool, foose-ball and air hockey. Sign ups will begin in January.

- Pac Five . . . . .February 11-13
- AAA & Pac Ten . .February 18-21
- A & AA . . . . .February 25-27
- Karenas . . . . .March 4-6



Sledding at Mt. Kare is more fun than a barrel of monkeys...way more fun.

# KARE YOUTH LEAGUE GAMES AND ACTIVITIES



JANUARY 8, 2011

## BOYS' DIVISIONS

### D DIVISION

*Last Day of Soccer & Awards*

Arcadia Teams	11:00	A-2
Covina Teams	11:00	C-1
Upland Teams	11:00	U-1

### C-1 DIVISION

Falcons vs. FSU	12:30	U-1
UNC vs. Georgia	12:30	C-2
Kentucky Bye		

### C DIVISION

Falcons vs. FSU	1:30	U-1
UNC vs. Georgia	1:30	C-2
Kentucky Bye		

### B-1 DIVISION

Falcons vs. FSU	3:00	U-1
UNC vs. Wilddogs	3:00	C-5

### B DIVISION

Falcons vs. FSU	4:00	U-1
UNC vs. Wilddogs	4:00	C-5

### A-1 DIVISION

Kentucky vs. FSU	2:15	A-3
UNC vs. Georgia	1:00	C-5

### A DIVISION

Kentucky vs. FSU	3:15	A-3
UNC vs. Georgia	2:00	C-5

### AA-1 DIVISION

Falcons vs. FSU	11:00	U-2
UNC vs. Georgia	11:00	C-5
Kentucky Bye		

### AA DIVISION

Falcons vs. FSU	12:00	U-2
UNC vs. Georgia	12:00	C-5
Kentucky Bye		

### AAA-1 DIVISION

Falcons vs. FSU	1:00	U-3
UNC vs. Georgia	9:00	C-4
Miami Bye		

### AAA DIVISION

Miami vs. FSU	11:00	A-3
UNC vs. Georgia	10:00	C-4

### PAC-10 (B)

Oregon vs. USC	2:00	U-3
UCLA vs. Cal	1:30	C-4
Stanford Bye		

### PAC-10 (A)

Oregon vs. USC	3:00	U-3
UCLA vs. Cal	2:45	C-4
Stanford Bye		

## GIRLS' DIVISIONS

### ROYAL FRIENDS

Arcadia & Covina - 9:00-10:30 at home site. Basketball lessons and clubmeeting. Wear playclothes and tennis shoes. Bring a friend and be entered in the drawing for a new basketball.

Upland - 4:30-5:30 to PCC on Friday. Clubmeeting and performance practice for awards.

### KARENAS

#### KARENA "A" DIVISION

Arcadia Teams	9:00	Arc.
Covina Teams	9:00	Cov.
Upland Teams	9:00	Up.

#### KARENA "B" DIVISION

Arcadia Teams	10:00	Arc.
Covina Teams	10:00	Cov.
Upland Teams	10:00	Up.

### PAC-5 (B)

Hawks vs. Cougars	1:00	U-2
Ravens vs. Huskies	1:00	C-6
Panthers Bye		

### MONDAY, JAN. 10TH

Hawks vs. Huskies	5:15	A-3
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### PAC-5 (A)

Hawks vs. Cougar Blue	2:00	U-2
Cougar Red vs. Huskies	3:00	U-2
Ranthers Bye		

## KARE CALENDER

First Basketball for K Boys & Girls	Jan. 8
Pac Five Awards	Jan. 15
MLK Day (No Activities)	Jan. 17
Karena Awards	Jan. 29
Pac Five Winter Camp	Feb. 11-13
Pearl Prep Information Night	Feb. 17
No Regular Kare Activities	Feb. 18-21



### Gameday Forecast

for Saturday, January 8  
Cloudy but no meatballs, High 60°

## Basketball court locations

Kare Youth League basketball games are played on one of 13 basketball courts at either Kare/Arcadia, Kahler Russell Park in Covina, at the Pacific Christian Center in Upland, or at the YMCA in Ontario. To find the correct court check below.

### Arcadia

#### A-1 & A-2

used by Ds, Cs, Royal Friends, & Karenas

Both courts are located across the field to your right-hand side as you enter the property.

#### A-3 & A-4

used by Bs, As, AAs, Karenas, Pac Five, AAA, & Pac Ten

Court #3 is next to Field #2. Court #4 is located alongside the concession stand patio.

### Covina

#### C-1 & C-2

used by Ds, Cs, Royal Friends, & Karenas

The courts are located alongside the practice hockey rink at the east end of the park - use the Glendora Ave. parking lot.

#### C-3, C-4, C-5 & C-6

used by Bs, As, AAs, AAAs, Pac-10, Karenas and Pac-5

The courts are at the west end of the park and run parallel to the railroad tracks starting with #3 nearest the ball fields with #4, #5 and #6 following in sequence - use the Grand Ave. parking lot.

### Upland

Kare teams playing at Upland get the added benefit of playing indoors at the Pacific Christian Center. Games are played on one of two courts that run side-by-side in the gymnasium and are designated by a U-1 or U-2. AAA & Pac Ten games are played at the Ontario YMCA on C Street and are designated by a U-3.