



THE OFFICIAL WEEKLY NEWSLETTER OF KARE YOUTH LEAGUE

COLUMN ONE

Winter Camps in February

Kare Youth League's winter camping season at Mount Kare is just a few weeks away.

Mount Kare features seven heated cabins; has a full-service kitchen connected to a gorgeous dining hall; and has a spacious two-story lodge complete with fireplaces and a game room. Brochures are available in the office. Make sure to fill out a health form and, if you are tubing or skiing, a waiver form.

Winter Camp Dates

Division(s)	Date(s)	Price
Karenas (2nd)	Mar. 5	\$24. ⁵⁰
Karenas (3rd & 4th)	Mar. 4-6	\$72. ⁵⁰
Pac-5 & JHG**	Feb. 11-13	\$87. ⁵⁰
A & AA**	Feb. 25-27	\$87. ⁵⁰
AAA & Pac-10*	Feb. 18-21	\$94. ⁵⁰

*optional skiing not included

**Price includes tubing at Mountain High

Basketball 101

Rebounding

Rebounding is a product not of great athletic ability, but attitude and desire. Make up your mind that you want to rebound, go after every ball, and master box out techniques.

The key to rebounding is positioning and concentration on the ball. Anticipate the flight of the ball. Remember that most shots rebound to the opposite side of where they were shot. Box your man out and concentrate on the ball until it is secured in your hands or rebounded by someone else.

Always keep your hands up at least shoulder high when getting ready to rebound. This will allow you to be ready for the rebound that comes off the rim quicker than expected. Remember: shot goes up - hands go up! You are now on your way to rebounding prowess.

Basketball Standings for games played thru 1/13/11

C-1 Division			AAA Division				
	W	L	T	W	L	T	
Georgia	1	0	0	Miami	2	0	0
Kentucky	1	0	0	FSU	1	1	0
Falcons	1	1	0	UNC	1	1	0
FSU	0	1	0	Georgia	0	2	0
UNC	0	1	0				

C Division			Pac-10 (B)				
	W	L	T	W	L	T	
FSU	1	0	0	Cal	1	0	0
Georgia	1	0	0	USC	1	0	0
Kentucky	1	0	0	Stanford	0	0	0
UNC	0	1	0	Oregon	0	1	0
Falcons	0	2	0	UCLA	0	1	0

B-1 Division			Pac-10 (A)				
	W	L	T	W	L	T	
Falcons	2	0	0	Cal	1	0	0
UNC	1	0	0	USC	1	0	0
FSU	0	1	0	Stanford	0	0	0
Wilddogs	0	2	0	Oregon	0	1	0
				UCLA	0	1	0

B Division			Karenas (B)				
	W	L	T	W	L	T	
Wilddogs	2	0	0	Bulldogs	1	0	0
FSU	1	0	0	Georgia	1	0	0
UNC	0	1	0	Tarheels	1	0	0
Falcons	0	2	0	Falcons	0	1	0
				Seminoles	0	1	0
				Wildcats	0	1	0

A-1 Division			Karenas (A)				
	W	L	T	W	L	T	
Georgia	1	0	0	Georgia	1	0	0
Kentucky	1	0	0	Seminoles	1	0	0
FSU	0	1	0	Wildcats	1	0	0
UNC	0	1	0	Falcons	0	0	0
				Bulldogs	0	1	0
				Kentucky	0	1	0
				Tarheels	0	1	0

A Division			Pac-5 (B)				
	W	L	T	W	L	T	
FSU	1	0	0	Cougars	2	0	0
Georgia	1	0	0	Panthers	1	0	0
Kentucky	0	1	0	Ravens	1	0	0
UNC	0	1	0	Hawks	0	2	0
				Huskies	0	2	0

AA-1 Division			Pac-5 (A)				
	W	L	T	W	L	T	
FSU	1	0	0	Cougar Blue	2	0	0
Kentucky	1	0	0	Cougar Red	2	0	0
UNC	1	0	0	Ranthers	1	1	0
Georgia	0	1	0	Hawks	1	2	0
Falcons	0	2	0	Huskies	0	3	0

AA Division			AAA-1 Division				
	W	L	T	W	L	T	
FSU	1	0	0	Georgia	2	0	0
Kentucky	1	0	0	Falcons	1	0	1
Georgia	0	0	1	FSU	1	1	0
UNC	0	0	1	Miami	0	1	1
Falcons	0	2	0	UNC	0	2	0



All the rooms, from the dining room to the sleeping cabins, are first rate at Mount Kare.



KARE YOUTH LEAGUE GAMES AND ACTIVITIES



JANUARY 22, 2011

BOYS' DIVISIONS

D DIVISION

Falcons vs. Lions 11:00 U-1
Bucs/Eagles/Steelers 11:00 C-2

C-1 DIVISION

Falcons vs. UNC 12:30 U-1
FSU vs. Kentucky 12:30 C-2
Georgia Bye

C DIVISION

Falcons vs. UNC 1:30 U-1
FSU vs. Kentucky 1:30 C-2
Georgia Bye

B-1 DIVISION

Falcons vs. UNC 3:00 U-1
FSU vs. Wilddogs 3:00 C-5

B DIVISION

Falcons vs. UNC 4:00 U-1
FSU vs. Wilddogs 4:00 C-5

A-1 DIVISION

Saturday, January 22
Georgia vs. UNC 2:00 A-4
FSU vs. Kentucky 1:00 C-5

Thursday, January 20
Kentucky vs. Georgia 4:15 A-3
UNC vs. FSU 4:15 C-5

A DIVISION

Saturday, January 22
Georgia vs. UNC 3:00 A-4
FSU vs. Kentucky 2:00 C-5

Thursday, January 20
Kentucky vs. Georgia 5:00 A-3
UNC vs. FSU 4:50 C-5



The road to championship begins now.

BOYS' DIVISIONS

AA-1 DIVISION

Saturday, January 22
Falcons vs. UNC 11:00 U-2
FSU vs. Kentucky 11:00 C-5
Georgia Bye

Wednesday, January 19

Kentucky vs. Georgia 4:15 A-4
UNC vs. FSU 4:15 C-5

AA DIVISION

Saturday, January 22
Falcons vs. UNC 12:00 U-2
FSU vs. Kentucky 12:00 C-5
Georgia Bye

Wednesday, January 19

Kentucky vs. Georgia 5:00 A-4
UNC vs. FSU 4:50 C-5

AAA-1 DIVISION

Falcons vs. UNC 2:00 U-3
FSU vs. Miami 9:00 C-4
Georgia Bye

AAA DIVISION

Georgia vs. UNC 11:00 A-3
FSU vs. Miami 10:00 C-4

PAC-10 (B)

Saturday, January 22
Oregon vs. UCLA #1 3:00 U-3
USC vs. Stanford 1:30 C-4
Cal vs. UCLA #2 1:00 C-3

Thursday, January 20
UCLA #1 vs. USC 4:15 C-4

Friday, January 21
Stanford vs. Cal 4:15 A-3

PAC-10 (A)

Saturday, January 22
Oregon vs. UCLA 4:00 U-3
USC vs. Stanford 2:45 C-4
Cal Bye

Friday, January 21
UCLA vs. USC 4:15 C-4
Stanford vs. Cal 5:15 A-3



Gameday Forecast

for Saturday, January 22
Great day for a ball game, High 78°

GIRLS' DIVISIONS

ROYAL FRIENDS

Arcadia & Covina - 9:00-10:30 at home site. Basketball Games, club-meeting, and winter cooking. Wear black shorts, white socks, and any tennis shoes.

Upland - 4:30-5:30 to PCC on Friday. Basketball Games, clubmeeting, and winter cooking.

KARENAS

KARENA "B" DIVISION

Bulldogs vs. Georgia 10:00 A-4
Wildcats vs. Tarheels 10:00 A-3
Seminoles vs. Falcons 10:00 U-1

KARENA "A" DIVISION

Bulldogs vs. Kentucky 9:00 A-4
Wildcats vs. Tarheels 9:00 A-3
Seminoles vs. Falcons 9:00 U-1
Georgia Bye

PAC-5 (B)

Cougars vs. Ravens 1:00 U-2
Huskies vs. Panthers 3:00 C-6
Hawks Bye

PAC-5 (A)

Cougar Blue vs. Red 10:00 U-2
Huskies vs. Ranthers 4:00 C-4
Hawks Bye

KARE CALENDER

MLK Day (No Activities)Jan. 17
Karena AwardsJan. 29
Pac Five Winter CampFeb. 11-13
Pearl Prep Information Night . . .Feb. 17
No Regular Kare Activities . .Feb. 18-21
AAA & Pac Ten Winter CampFeb. 18-21
Rio Hondo Information Night . .Feb. 24
A & AA Winter CampFeb. 25-27
Karena (3rd & 4th)March 4-6
Karena (2nd Grade)March 5