



### COLUMN ONE

## A Spirit of Community

At Kare Youth League we try to encourage an atmosphere of community everyday. That "spirit" shows itself in the support of our teams, the respect shown to our opponents, and the common bonds we all share.

Last year our RHP High School Boys' Basketball team played against Ribet Academy and this is what the coach told the paper after the game, *"Tonight was one of the toughest games I have had to coach because I knew our guys would be affected by the crowd, the student section, the band, the cheerleaders and the electric atmosphere at Rio Hondo Prep. There was no way to prepare for that. We had not experienced that type of climate all season...I wish people could have been at the Rio Hondo Prep game to see an example of a small school that brings great energy, spirit and community."*

It's that kind of "spirit and community" that sets our organization apart from others. It's created by the year-around program, the consistent leadership, and the quality members that choose to make Kare their home. The staff would like to thank all the members of Kare Youth League for being part of this wonderful community.

## Thank you Flames

Pearl Prep, our Kare Youth League elementary school in El Monte, would like to thank "Flames" for a wonderful treat. The restaurant, located at the corner of Santa Anita & Lower Azusa by Arroyo High School, offered a prize to all Pearl students who had read 20 hours. The children & staff enjoyed a wonderful breakfast last Thursday, compliments of Flames. Those breakfast burritos are "to die for".



The traditional "Breakfast at Flames" is a big favorite with the children at Pearl Prep. Mmmmmmm, pancakes!



## Basketball 101

Low post players on offense are vital to a team's scoring success. As a low-post player (forward or center) you need to first make the defense play you on just one side. Then, keep contact with the defender and once he has established his defensive position, **seal** him there and make him stay where he is. Be big and wide and always give a "target hand" so your teammate knows where to pass the ball.

Once you get the ball, immediately "chin it." This is accomplished by putting the ball under your chin with your hands on either side of the ball and elbows out. This allows you to protect the ball, up high away from smaller players, while deciding what move to make.

Wait one second - if the defense collapses on you, pass the ball out to an open teammate, if the defense doesn't collapse, you can beat the one defender on you, make a strong decisive move to the basket.

### Basketball Standings for games played thru 1/28/11

C-1 Division			AAA Division				
	W	L	I	W	L	I	
Kentucky	3	0	0	Miami	5	0	0
Georgia	2	0	0	UNC	3	2	0
Falcons	2	2	0	FSU	1	4	0
UNC	0	2	0	Georgia	1	4	0
FSU	0	3	0				

C Division			Pac-10 (B)				
	W	L	I	W	L	I	
FSU	3	0	0	Cal	5	0	0
Kentucky	2	1	0	Oregon	2	1	0
Georgia	1	1	0	UCLA #2	2	2	0
UNC	1	1	0	USC	2	3	0
Falcons	0	4	0	UCLA #1	1	2	0
				Stanford #1	0	2	0
				Stanford #2	0	2	0

B-1 Division			Pac-10 (A)*				
	W	L	I	W	L	I	
Falcons	4	0	0	USC	3	0	0
FSU	2	1	0	Cal	1	1	0
UNC	1	2	0	UCLA	1	2	0
Wilddogs	0	4	0	Oregon	0	2	0

\*wins over Stanford were eliminated

B Division			Karens (B)				
	W	L	I	W	L	I	
Wilddogs	4	0	0	Georgia	2	1	0
UNC	2	1	0	Wildcats	2	1	0
FSU	1	2	0	Bulldogs	1	1	1
Falcons	0	4	0	Tarheels	1	1	1
				Falcons	1	2	0
				Seminoles	1	2	0

A-1 Division			Karens (A)				
	W	L	I	W	L	I	
UNC	4	1	0	Seminoles	3	0	0
Georgia	3	2	0	Bulldogs	2	1	0
FSU	2	3	0	Wildcats	2	1	0
Kentucky	1	4	0	Falcons	1	1	0
				Georgia	1	1	0
				Kentucky	0	2	0
				Tarheels	0	3	0

AA-1 Division			Pac-5 (B)				
	W	L	I	W	L	I	
FSU	4	1	0	Ravens	3	0	0
UNC	3	1	0	Cougars	3	1	0
Georgia	2	2	0	Panthers	2	1	0
Kentucky	2	3	0	Huskies	3	1	0
Falcons	0	4	0	Hawks	0	4	0

AA Division			Pac-5 (A)				
	W	L	I	W	L	I	
FSU	5	0	0	Cougar Red	4	0	0
Kentucky	3	2	0	Panthers	3	1	0
Georgia	1	2	1	Cougar Blue	2	2	0
UNC	1	2	1	Hawks	1	3	0
Falcons	0	4	0	Huskies	0	4	0

AAA-1 Division			KARE YOUTH LEAGUE			
	W	L	I			
Georgia	4	0	0			
Falcons	2	1	1			
UNC	2	2	0			
Miami	1	3	1			
FSU	1	4	0			

# KARE YOUTH LEAGUE GAMES AND ACTIVITIES



## BOYS' DIVISIONS

### D DIVISION

Falcons vs. Bucs 11:00 U-1  
Lions/Steelers/Eagles 11:00 C-2

### C-1 DIVISION

Falcons vs. FSU 12:30 U-1  
Georgia vs. Kentucky 12:30 A-1  
UNC Bye

### C DIVISION

Falcons vs. FSU 1:30 U-1  
Georgia vs. Kentucky 1:30 A-1  
UNC Bye

### B-1 DIVISION

Falcons vs. FSU 3:00 U-1  
Wilddogs vs. UNC 3:00 A-4

### B DIVISION

Falcons vs. FSU 4:00 U-1  
Wilddogs vs. UNC 4:00 A-4

### A-1 DIVISION

Saturday, February 5  
UNC vs. FSU 1:00 C-5  
Georgia vs. Kentucky 1:00 A-4

Thursday, February 3  
Georgia vs. Kentucky 4:15 A-3  
FSU vs. UNC 4:15 C-5

### A DIVISION

Saturday, February 5  
UNC vs. FSU 2:00 C-5  
Georgia vs. Kentucky 2:00 A-4

Thursday, February 3  
Georgia vs. Kentucky 5:15 A-3  
FSU vs. UNC 4:50 C-5

### AA-1 DIVISION

Saturday, February 5  
Falcons vs. FSU 11:00 U-2  
Georgia vs. Kentucky 11:00 A-4  
UNC Bye

Wednesday, February 2  
Georgia vs. Kentucky 4:15 A-4  
FSU vs. UNC 4:15 C-5

## BOYS' DIVISIONS

### AA DIVISION

Saturday, February 5  
Falcons vs. FSU 12:00 U-2  
Georgia vs. Kentucky 12:00 A-4  
UNC Bye

Wednesday, February 2  
Georgia vs. Kentucky 5:15 A-4  
FSU vs. UNC 4:50 C-5

### AAA-1 DIVISION

Saturday, February 5  
Falcons vs. FSU 2:00 U-3  
Georgia vs. Miami 10:00 A-3  
UNC Bye

Wednesday, February 2  
Georgia vs. Miami 4:15 A-3  
FSU vs. UNC 4:15 C-4

### AAA DIVISION

Saturday, February 5  
UNC vs. FSU 10:00 C-4  
Georgia vs. Miami 11:00 A-3

Wednesday, February 2  
Georgia vs. Miami 5:00 A-3  
FSU vs. UNC 4:50 C-4

### PAC-10 (B)

Saturday, February 5  
Oregon vs. USC 3:00 U-3  
Stanford #1 vs. UCLA #1 2:30 C-4  
Stanford #2 vs. UCLA #2 3:30 C-4

Thursday, February 3  
USC vs. UCLA #1 4:15 C-4

Friday, February 4  
Cal vs. Stanford #1 4:15 A-3

### PAC-10 (A)

Saturday, February 5  
Oregon vs. USC 4:00 U-3  
Cal vs. UCLA 4:30 C-4

Friday, February 4  
USC vs. UCLA 4:15 C-4

## GIRLS' DIVISIONS

### ROYAL FRIENDS

Arcadia - 9:00-10:30 at home site. Basketball Games, clubmeeting, and Valentine craft.  
Covina - 9:00-10:30 at home site. Basketball Games, clubmeeting, and Valentine craft.  
Upland - 4:30-5:30 to PCC on Friday. Basketball Games, clubmeeting, and, surprise, Valentine craft.

### KARENA "B" DIVISION

Bulldogs vs. Falcons 10:00 U-1  
Tarheels vs. Georgia 10:00 A-4  
Seminoles vs. Wildcats 10:00 A-1

### KARENA "A" DIVISION

Bulldogs vs. Falcons 9:00 U-1  
Tarheels vs. Georgia 9:00 A-4  
Kentucky vs. Wildcats 9:00 A-3

### PAC-5 (B)

Saturday, February 5  
Hawks vs. Huskies 1:00 A-3  
Ravens vs. Cougars 1:00 C-6  
Panthers Bye

Monday, January 31  
Ravens vs. Panthers 4:00 C-6

### PAC-5 (A)

Saturday, February 5  
Hawks vs. Huskies 2:00 A-3  
Panthers vs. Cougar Red 3:00 U-2  
Cougar Blue Bye

Wednesday, February 2  
Cougar Red vs. Blue 4:30 U-3

## KARE CALENDER

Pac Five Winter Camp . . . . .Feb. 11-13  
Pearl Prep Info Night . . . . .Feb. 17  
No Regular Kare Activities . .Feb. 18-21  
AAA & Pac Ten Camp . . . . .Feb. 18-21  
Rio Hondo Info Night . . . . .Feb. 24  
A & AA Winter Camp . . . . .Feb. 25-27  
Future Classic (Girls) . . . . .Feb. 26  
Karena Camp (3rd & 4th) . . .March 4-6



### Gameday Forecast

for Saturday, February 5  
Prrrrrrrrrrrrrfect, High 73°