



COLUMN ONE

5K Corner

Kare Youth League's second annual 5K at Santa Fe Dam Recreation Park in Irwindale is coming on **Saturday, November 12**. Everyone needs to participate so it doesn't matter if you walk, run, or crawl, the important thing is that you make the effort.

The Kare Youth League's 5k at Santa Fe Run/Walk is offering a second chance!

Get a few people to participate in the event on your child's behalf and we will pay your showcase quota. Ask your child's coach for more details.

100 Beginner Running Tips

#14 Find a committed running partner. It is much harder to skip a run when you have someone else depending on you.

#88 100 Beginner Running Tips posted by Mark Locchelli on completerunning.com

You can also keep up by following us on Twitter and also "Like" us on Facebook (www.facebook.com/5katsantaferunwalk). For more running tips and up to date event information go to www.kyl.org/5k.



Santa Fe Dam is a beautiful site for the 3K & 5K on Saturday, November 12. The event is great for families with divisions as young as 5 and unlimited for the young at heart at the older end.

Kare's Rainy Day Policies

Kare Youth League has policies set up to give you an idea whether or not activities will proceed as scheduled. Keep in mind that KYL wants to get activities in if at all possible.

The policies listed below are guidelines only. If you are unsure about the status of your activity, it's a good idea to call KYL to confirm. Kare Youth League's phone number is **(626) 442-1160**.



Saturday Policy

Kare Youth League acts on the premise that **Saturday games will be played if at all possible**. To confirm whether or not your game will be played call Kare **two to three hours** prior to the published game time.

Weekday Policies

Teams in Covina

All activities including practices, club meetings and weekday games, for all divisions, will be cancelled if it rains past **12:30** on the day of your activity.

Teams in Upland

Parents should call after 1:00 to find out. Some activities are indoors.

C, B, & A Division Boys in Arcadia

All activities including practices, club meetings and weekday games will be cancelled if it rains past **12:30** on the day of your activity.

All Other Boys & Girls in Arcadia

Club meetings will go on regardless of the weather, while practices and weekday games will be cancelled if it rains past **12:30** on the day of your activity.



Alex Tayco and the RHP Varsity came from behind to beat Boron in their last game. Come out and support the boys at their next home game Friday, October 28.



Kare on Twitter

Anyone who was following us on Twitter last Wednesday got the message on their phone that activities had been cancelled. Now you can too! Here's what to do:

- 1) Go to www.twitter.com and create your own account. Be sure to link your cellphone number to your account.
- 2) Then go to: www.twitter.com/kareyouthleague and click on the "Follow" button.
- 3) That's it! You will now receive text messages from Kare with the most up to date information.

You might also want to visit www.kyl.org/news for access to the Interleaguer online & much more!

KARE YOUTH LEAGUE GAMES AND ACTIVITIES



BOYS' DIVISIONS

Great Start Division

Arcadia Boys	11:00	A-2
Covina Boys	11:00	C-1
Upland Boys	11:00	U-1

CB Division

Football Games

Saturday, October 15

Falcons vs. FSU	12:00	U-1
UNC vs. Kentucky	12:00	C-1
Georgia	Bye	

Thursday, October 20

Georgia vs. Kentucky	4:30	A-2
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B Division

Football Games

Saturday, October 15

Falcons vs. FSU	1:15	U-1
UNC vs. Kentucky	1:15	C-1
Georgia	Bye	

Tuesday, October 18

Georgia vs. Kentucky	4:30	A-2
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A Division

Football Games

Falcons vs. FSU	4:00	U-1
UNC #2 vs. UNC #1	1:15	C-2
Georgia	Bye	

AA Division

Football Games

Saturday, October 15

Falcons vs. FSU	2:30	U-1
UNC vs. Kentucky	11:15	C-2
Georgia	Bye	

Wednesday, October 19

Georgia vs. Kentucky	4:45	A-3
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AAA Division

Football Games

Falcons vs. FSU	9:15	U-1
UNC vs. Kentucky	9:15	C-2
Georgia	Bye	

Pac-12

Football Games

Saturday, October 15

UCLA vs. Cal	4:30	A-1
Stanford vs. USC	6:30	A-1

GIRLS' DIVISIONS

Royal Friends



Dance lessons, make Princess Aurora Wands, and Meeting. Wear any leotard and tights and bring your ballet and tap shoes.

Saturday, October 15

Covina	9:00-10:30	C
Arcadia	9:00-10:30	A
Thursday, October 13		
Upland	5:00-6:15	U

Karenas

Monday, October 10 (Volleyball)

Bulldogs vs. Wildcats	4:15	A
Kentucky vs. Georgia	4:15	A
Seminole #1 vs. Tarheel #1	4:15	C
Tarheel #2 vs. Seminole #2	4:15	C

Saturday, October 15 (Cheer)

Falcons & Seminoles	9:15	U
Tarheels & Wildcats	9:15	C
Georgia Bulldogs	TBA	

Pac-5 B Division

Volleyball Games

Panthers vs. Hawks	1:00	C
Cougars vs. Huskies	1:00	U
Ravens	Bye	

Pac-5 A Division

Volleyball Games

Panthers vs. Hawks	2:15	C
Cougars vs. Huskies	2:15	U
Ravens	Bye	

FOOTBALL STANDINGS

FOR GAMES THROUGH OCTOBER 5

CB	W	L	I	Pac-12	W	L	I
FSU	1	0	0	USC	3	0	0
UNC	1	0	2	UCLA	2	1	0
Georgia	1	1	1	Stanford	1	2	0
Falcons	1	2	0	Cal	0	3	0
Kentucky	0	1	1				

Kar. (Arc) W L I

B	W	L	I	Kar. (Cov)	W	L
FSU	1	0	1	Tarheel #1	8	0
Georgia	1	0	1	Tarheel #2	5	3
Falcons	2	1	0	Seminole #1	2	6
UNC	1	2	0	Seminole #2	2	6
Kentucky	0	2	0			

A	W	L	I	Pac 5 "B"	W	L
Georgia	2	0	1	Ravens	3	0
FSU	1	0	1	Hawks	2	0
Falcons	2	1	0	Huskies	1	2
UNC #1	0	2	0	Cougars	0	2
UNC #2	0	2	0	Panthers	0	2

AA	W	L	I	Pac 5 "A"	W	L
UNC	3	0	0	Hawks	2	0
FSU	2	0	0	Panthers	2	0
Kentucky	1	1	0	Cougars	1	1
Georgia	0	2	0	Ravens	1	2
Falcons	0	3	0	Huskies	0	3

AAA	W	L	I
UNC	3	0	0
FSU	2	0	0
Falcons	1	2	0
Georgia	0	2	0
Kentucky	0	2	0

KARE CALENDAR

Halloween (no Karena activities)	Oct. 31
RHP Homecoming	Nov. 4
Daylight Savings ends	Nov. 6
Election Day	Nov. 8
Pearl Prep Grandparents Day	Nov. 10
Veterans Day (no activities)	Nov. 11
5K & Future Bowl	Nov. 12
Thanksgiving (no activities)	Nov. 23-27
Monrovia Christmas Parade	Dec. 1
Championships	Dec. 2 & 3
Royal Friends Dance Recital	Dec. 6
Basketball begins	Dec. 10
Santa's Breakfast	Dec. 10
Christmas Vacation Begins	Dec. 19
Regular Activities Resume	Jan. 3
Pac Five Awards	Jan. 14
MLK Day (no activities)	Jan. 16
AAA-Pac Ten Winter Camp	Feb. 10-12



Gameday Forecast for Saturday, October 15

What happened to fall?, High 85°