



KYL Football Camp '16

• **Date:** Saturday night, August 20, 2016

Under the lights!

• **Time:** 6:00 - 9:00 p.m
(registration begins at 5:30)

Always compete!

• **Location:** Kare/Arcadia

• **Price:** \$25 - pay early in the office or the day of the event
(price includes camp t-shirt, snack and all-you-can-drink Gatorade)

• **Dress:** athletic type shorts, cleats (tennis shoes OK),
official camp t-shirt (no pads or helmet)

• **Ages:** Cs, Bs, As, AAs, AAAs, and Pac-12
(campers will compete within their age group)

• **Highlights:** individual position instruction • speed training • Kare-ball
always compete awards • prize drawings

*The 2016 season is almost here! Come and get individual instruction from top KYL and RHP coaches on the fundamentals of the game - **and have a blast doing it!***

The camp is divided into three periods (offensive position drills, defensive position drills, and speed and agility training). Each camper will participate in all three periods with Kare-ball (team scrimmages) at the conclusion of the camp. Let's goooooooooo!!!!!!!!!!!!!!!



*** Parents - a snack bar will be open!**

Camp Performance Tee

KYL Volleyball Camp 2016

- **Date:** Saturday night, August 20, 2016
 - **Time:** 6:00 - 9:00 p.m.
(registration begins at 5:30)
- **Location:** Stivers Center - Kare/Arcadia
- **Cost:** \$25 - pay early in the office or the day of the event
(price includes camp t-shirt & snacks)
- **Dress:** athletic type shorts, tennis shoes, knee pads (optional)
official camp t-shirt
 - **Ages:** Entering 3rd thru 7th-grade
(girls will compete within their age group)
- **Highlights:** serving • passing • hitting • serve receive
team play • top camper awards • prize drawings

*The 2016 season is here! Come and get individual instruction from top KYL and RHP coaches on the fundamentals of the game - **and have a blast doing it!***



*** Parents - a snack bar will be open!**