

KARE YOUTH LEAGUE GAMES AND ACTIVITIES

Schedule for Saturday, September 25

GREAT START

Thursday, September 23

Covina Boys at 5:00
 Irwindale Boys at 5:30
Saturday, September 25
 Upland Boys at 10:15

C DIVISION

Falcons vs. Wildcat #1 10:15 U-1
 Bulldog #2 vs. Tarheels 8:30 KP-F
 Bulldog #1 vs. Tigers 9:30 KP-F
 Wildcat #2 Bye

AB "Flag" DIVISION

Bulldogs vs. Bears 11:45 KP-A
 Falcons vs. Wildcats 12:45 U-1
 Tarheels Bye

AB "Tackle" DIVISION

Bulldogs vs. Covina 8:30 KP-A
 Falcons vs. Wildcats 11:15 U-1

AA DIVISION

Falcons vs. Wildcats 8:30 U-1

Pac-12 DIVISION

Friday, September 24

Cal vs. Stanford 5:15 KP-O
 UCLA vs. USC 7:00 KP-O
 Washington Bye

"The only place success comes before work is in the dictionary."



Vince Lombardi

Coached the Green Bay Packers from 1959-1968 and his team won the first two Super Bowls ever played in 1967 and 1968.

Schedule for Saturday, September 25

Royal Friends

Wednesday, September 22

Irwindale at 5:30

Saturday, September 25

Covina at 9:30

Monday, September 27

Upland at 5:45

D3 Girls

Saturday Drill Team

Covina – 8:30 (In Irwindale)
 Irwindale – 8:30
 Upland – 8:30

Saturday Upland Volleyball

All Teams at 10:45

D2 "B" Girls

Falcons vs. Bears 9:00 Upland
 Mustangs vs. Wildcats 9:00 Upland
 Bulldogs vs. Tarheels 9:00 Arcadia
 Longhorns vs. Tigers 9:00 Arcadia

D2 "A" Girls

Falcons vs. Wildcats 10:00 Upland
 Bulldogs vs. Tarheels 10:00 Arcadia
 Bulldogs vs. Tigers 11:00 Arcadia
 Longhorns Bye

D1 "B" Girls

Pumas vs. Jaguars 11:00 Upland
 Cougars vs. Hawks 11:00 Upland
 Huskies vs. Panthers 11:30 Arcadia
 Eagles vs. Ravens 11:30 Arcadia

D1 "A" Girls

Friday, September 24

Tournament 5:30 Irwindale

Saturday, September 25

Cougars vs. Hawks 10:00 Upland
 Eagles vs. Huskies #2 12:30 Arcadia
 Huskies #1 vs. Ravens 12:30 Arcadia

UPCOMING EVENTS

Pearl Prep Family Night on Tuesday, September 21.

Future Bowl on Wednesday, November 10 at Kare Park.

No Kare Activities on Thursday, November 11 to observe Veterans' Day.

No Kare Activities from Monday, November 22 through Saturday, November 27 to observe Thanksgiving.

Basketball Season Begins for most teams on Monday, November 29.

Schedule for Saturday, October 2

GREAT START

Thursday, September 30

Jaguars vs. Grizzlies 5:00 C-2
 (No Lion activity)
 All Irwindale Teams 5:30 KP-A
Saturday, October 2
 Falcons vs. Lions 10:15 U-2

C DIVISION

Tuesday, September 28

Wildcat #1 vs. Bulldog #1 5:45 KP-A
 Wildcat #2 vs. Bulldog #2 6:30 KP-A
 Tigers vs. Tarheels 4:15 C-2
 Falcons Bye

AB "Flag" DIVISION

Bulldogs vs. Tarheels 11:45 KP-A
 Falcons vs. Bears 12:45 U-1
 Wildcats Bye

AB "Tackle" DIVISION

Wildcats vs. Bulldogs 8:30 KP-A
 Falcons vs. Covina 11:15 U-1

AA DIVISION

Falcons vs. Tigers 8:30 U-1
 Wildcats vs. Bulldogs 10:00 KP-A

Pac-12 DIVISION

Friday, October 1

UCLA vs. Washington 5:15 KP-O
 Stanford vs. USC 7:00 KP-O
 Cal Bye

Royal Friends

Wednesday, September 29

Irwindale at 5:30

Saturday, October 2

Covina at 9:30

Monday, October 4

Upland at 5:45

D3 Girls

Saturday Drill Team

Covina – 8:30

Irwindale – 8:30

Upland – 8:30

Saturday Upland Volleyball

All Teams at 10:45

D2 "B" Girls

Wednesday, September 29

Falcons vs. Mustangs 4:30 Upland
 Longhorns vs. Bears 4:30 Irwindale
 Bulldogs vs. Wildcats 4:30 Irwindale
 Tigers vs. Tarheels 4:30 Covina

Saturday, October 2

Tarheels vs. Longhorns 9:00 Covina
 Bears vs. Tigers 9:00 Covina
 Wildcats vs. Falcons 9:00 Upland
 Bulldogs vs. Mustangs 9:00 Upland

D2 "A" Girls

Wednesday, September 29

Tigers vs. Tarheels 4:30 Covina

Saturday, October 2

Tarheels vs. Longhorns 10:00 Covina
 Tigers vs. Longhorns 11:00 Covina
 Bulldogs vs. Falcons 10:00 Upland
 Wildcats Bye

D1 "B" Girls

Wednesday, September 29

Cougars vs. Pumas 5:45 Upland
 Hawks vs. Jaguars 4:30 Irwindale
 Huskies vs. Eagles 4:30 Irwindale
 Ravens vs. Panthers 4:30 Covina

Saturday, October 2

Panthers vs. Jaguars 9:00 Covina
 Ravens vs. Hawks 9:00 Covina
 Huskies vs. Pumas 12:00 Upland
 Eagles vs. Cougars 10:00 Upland

D1 "A" Girls

Wednesday, September 29

Ravens vs. Huskies #2 5:30 Covina
 Eagles vs. Hawks 5:30 Irwindale

Saturday, October 2

Ravens vs. Hawks 10:00 Covina
 Cougars vs. Huskies #2 10:00 Upland
 Cougars vs. Huskies #1 11:00 Upland
 Eagles Bye

Phone: 626.442-1160 • 909.957.5273

Arcadia Center - 5150 Farna Avenue, Arcadia • Covina Center - 735 Glendora Avenue, Covina

Irwindale Center - 1417 Arrow Highway, Irwindale • Upland Center - (Pacific Christian Center) • 800 Arrow Highway, Upland

INTERLEAGUER

VOLUME 81, NUMBER 4 • SEPTEMBER 20, 2021

COLUMN ONE



The Huskies battled against the Eagles and Hawks Saturday in Division 1 volleyball action.

Hydration Important in Hot Weather

On hot September days it is very important to keep hydrated during practices and games. Some may not realize, but it is not only important to drink a lot of water during the game (16-32 oz. is recommended), but it is also important to drink water before and after. Drinking water before prepares your body for the exercise to come, and drinking it after helps cool the body down from the exercise just completed.

Parents' and Fans' Code of Ethics

(From the KYL Parent Handbook)

I will encourage good sportsmanship by demonstrating positive support for all players, leaders and officials at every game.

I will place the emotional and physical well-being of my child ahead of my personal desire to win.

I will support leaders and officials working with my child in order to encourage a positive and enjoyable experience for all.

I will refrain from the use of tobacco, alcohol, and profanity at all of my child's activities.

I will remember that during the game, I will remain in the bleachers or designated area for parents, and defer the coaching to the Kare Youth League staff.

I will remember that the game is for the children, not the adults.

A Story of Determination: Part 2 by Burt Dubin

Every day afterward his mother and father would massage his little legs, but there was no feeling, no control, nothing. Yet his determination that he would walk was as strong as ever.

When he wasn't in bed, he was confined to a wheelchair. One sunny day his mother wheeled him out into the yard to get some fresh air. This day, instead of sitting there, he threw himself from the chair. He pulled himself across the grass, dragging his legs behind him.

He worked his way to the white picket fence bordering their lot. With great effort, he raised himself up on the fence. Then, stake by stake, he began dragging himself along the fence, resolved that he would walk. He started to do this every day until he wore a smooth path all around the yard beside the fence. There was nothing he wanted more.

Ultimately through his daily massages, his iron persistence and his resolute determination, he did develop the ability first to stand up, then to walk haltingly with help, then to walk by himself – and then miraculously – to run.

He began to run to school. He ran for the sheer joy of running and being able to run. He ran everywhere that he could. The people in his town would often see him run by on his way to who knows where and smile. Later in college he made the track team where his tremendous determination paid off. He eventually received the nickname the "Kansas Flyer."

In February 1934, in New York City's famed Madison Square Garden, this young man who was not expected to survive, who would surely never walk, who could never hope to run – this determined young man, Dr. Glenn Cunningham, ran the mile in four minutes and eight seconds, the world's fastest mile at the time!