

KARE YOUTH LEAGUE GAMES AND ACTIVITIES

Schedule for Saturday, October 9

Picture Day at Kare Park

GREAT START

Thursday, October 7

Lions vs. Tigers	5:00	C-2
(No Grizzlies activity)		
All Irwindale Teams	5:30	KP-A

Saturday, October 9

Panthers vs. Grizzlies	9:30	C-2
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C DIVISION

Wildcat #1 vs. Bulldog #2	8:30	KP-F
Bulldog #1 vs. Wildcat #2	9:30	KP-F
Tigers vs. Falcons	8:30	C-2
Tarheels Bye		

AB "Flag" DIVISION

Tarheels vs. Bears	11:45	C-3
Bulldogs vs. Wildcats	11:45	KP-A
Falcons Bye		

AB "Tackle" DIVISION

Mariners vs. Falcons	8:30	C-3
Bulldogs vs. Wildcats	8:30	KP-A

AA DIVISION

Tuesday, October 5

Bulldogs vs. Tigers	6:30	KP-A
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Saturday, October 9

Tigers vs. Falcons	10:00	C-3
Bulldogs vs. Wildcats	10:00	KP-A

Pac-12 DIVISION

Stanford vs. Washington	5:15	KP-O
Cal vs. USC	7:00	KP-O
UCLA Bye		



A List of Scottish Sayings

- "They that smell least, smell best."
- "Never marry for money. You can borrow it cheaper."
- "Never let your feet run faster than your shoes."
- "Be happy while you're living, for you're a long time dead."
- "Common sense hides shame."
- "He who marries a chicken soon gets henpecked."
- "Wink at small faults, for you have great ones yourself."
- "If you don't like Scottish weather, wait 30 minutes, and it is likely to change."

Schedule for Saturday, October 9

Royal Friends

Wednesday, October 6

Irwindale at 5:30

Friday, October 8

All Girls at 7:30 pm in Irwindale

Monday, October 11

Upland at 5:45

D3 Girls

Friday, October 8

All Girls at 7:00 pm in Irwindale

No Saturday activities

Saturday Upland Volleyball

All Teams at 10:45

D2 "B" Girls

Mustangs vs. Bears	9:00	Arcadia
Falcons vs. Longhorns	9:00	Arcadia
Bulldogs vs. Tigers	9:00	Arcadia
Tarheels vs. Wildcats	9:00	Covina

D2 "A" Girls

Longhorns vs. Falcons	10:00	Arcadia
Bulldogs vs. Tigers	10:00	Arcadia
Tarheels vs. Wildcats	10:00	Covina

D1 "B" Girls

Hawks vs. Pumas	11:30	Arcadia
Jaguars vs. Cougars	11:30	Arcadia
Ravens vs. Huskies	9:00	Covina
Panthers vs. Eagles	9:00	Covina

D1 "A" Girls

Hawks vs. Cougars	12:30	Arcadia
Ravens vs. Eagles	10:00	Covina
Huskies #2 vs. Huskies #1	12:30	Arcadia

UPCOMING EVENTS

Future Bowl on Wednesday, November 10 at Kare Park.

No Kare Activities on Thursday, November 11 to observe Veterans' Day.

No Kare Activities from Monday, November 22 through Saturday, November 27 to observe Thanksgiving.

Basketball Season Begins for most teams on Monday, November 29.

Schedule for Saturday, October 16

Picture Day in Covina

GREAT START

Thursday, October 14

All Covina Teams	5:00	C-2
Upland Travel Team	5:10	C-2
All Irwindale Teams	5:30	KP-A

Saturday, October 16

Panthers vs. Steelers/Cowboys	10:00	KP-F
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C DIVISION

Wildcat #2 vs. Falcons	8:30	KP-F
Tigers vs. Bulldog #2	8:30	C-2
Tarheels vs. Bulldog #1	9:30	C-2
Wildcat #1 Bye		

AB "Flag" DIVISION

Friday, October 15

Bulldogs vs. Bears	4:30	KP-A
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Saturday, October 16

Tarheels vs. Bulldogs	11:45	C-3
Wildcats vs. Falcons	11:45	KP-A
Bears Bye		

AB "Tackle" DIVISION

Mariners vs. Bulldogs	8:30	C-3
Wildcats vs. Falcons	8:30	KP-A

AA DIVISION

Tigers vs. Bulldogs	10:00	C-3
Wildcats vs. Falcons	10:00	KP-A

Pac-12 DIVISION

UCLA vs. Stanford	5:15	KP-O
Washington vs. Cal	7:00	KP-O
USC Bye		

Royal Friends

Wednesday, October 13

Irwindale at 5:30

Saturday, October 16

Covina at 9:30

Monday, October 18

Upland at 5:45

D3 Girls

Saturday Drill Team

Covina - 8:30

Irwindale - 8:30

Saturday Upland Volleyball

All Teams at 10:45

D2 "B" Girls

Wednesday, October 13

Mustangs vs. Falcons	4:30	Upland
Bears vs. Longhorns	4:30	Irwindale
Wildcats vs. Bulldogs	4:30	Irwindale
Tarheels vs. Tigers	4:30	Covina

Saturday, October 16

Bulldogs vs. Falcons	9:00	Arcadia
Longhorns vs. Mustangs	9:00	Arcadia
Tigers vs. Wildcats	9:00	Covina
Tarheels vs. Bears	9:00	Covina

D2 "A" Girls

Wednesday, October 13

Wildcats vs. Bulldogs	4:30	Irwindale
Tarheels vs. Tigers	4:30	Covina

Saturday, October 16

Bulldogs vs. Falcons	10:00	Arcadia
Longhorns vs. Falcons	11:00	Arcadia
Tigers vs. Wildcats	10:00	Covina
Tarheels vs. Wildcats	11:00	Covina

D1 "B" Girls

Wednesday, October 13

Pumas vs. Cougars	5:45	Upland
Panthers vs. Ravens	4:30	Covina
Jaguars vs. Hawks	4:30	Arcadia
Eagles vs. Huskies	4:30	Arcadia

Saturday, October 16

Volleyball Tournament	5:30	Irwindale
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D1 "A" Girls

Wednesday, October 13

Hawks vs. Huskies #1	5:30	Irwindale
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Saturday, October 16

Huskies #1 vs. Ravens	10:00	Arcadia
Cougars vs. Eagles	10:00	Arcadia
Cougars vs. Huskies #2	11:00	Arcadia
Hawks Bye		

Phone: 626.442-1160 • 909.957.5273

Arcadia Center - 5150 Farna Avenue, Arcadia • Covina Center - 735 Glendora Avenue, Covina

Irwindale Center - 1417 Arrow Highway, Irwindale • Upland Center - (Pacific Christian Center) • 800 Arrow Highway, Upland

INTERLEAGUER

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COLUMN ONE



Brave, a Scottish bagpiper, and RHP Football will all come together on Friday, October 8th at Kare Park during the Rio Hondo Prep Homecoming football game, with a CIF Playoff spot on the line against Campbell Hall (that's pure dead brilliant).

The Game We've All Been Waiting For...

...is finally here. The Rio Hondo Prep Kares will face the Campbell Hall Vikings on Friday, October 8th with a spot in the CIF Playoffs on the line. The Vikings are favored by three points but the Kares will be gunning for an upset. It is also RHP Homecoming night which means the girls of Kare Youth League will take center stage at the halftime extravaganza. But wait, there's more. It is also two dollar taco night with the proceeds going to the RHP athletic fund. What could be better? The game starts at 7:00 and parking will be a little tight so arrive early for the best spots. Cost is always no charge for Kare Youth League children and \$7.00 for everyone else. Who will be Homecoming Queen 2021; will it be your coach? Come and find out.



Great Start soccer action last Saturday in Upland between the Covina Lions and the Upland Panthers.

Kids Who Bounce Back: Part 2

From Thriving Family by Vance Fry

In an interview about her research, Dweck told Stanford Magazine, "I asked, 'What makes a really capable child give up in the face of failure, where other children may be motivated by the failure?'" The answer, Dweck found, may be in kids' perceptions about why they have failed. Children who thought their failures meant they had less ability were more likely to become discouraged. But those who believed that they simply hadn't tried hard enough, that ability was something that could be developed, would be motivated by their setbacks.

In the years since that landmark study, new research seems to confirm these findings. The "right" sort of praise gives kids a stronger advantage in facing life's challenges. In a 2013 study, Dr. Elizabeth Gunderson refers to this as "process praise" – praise that focuses on a child's strategies ("I like how you solved that problem"), specific jobs they did well ("The kitchen floor looks great") and especially their effort throughout various challenges ("Your hard work is really showing in these drawings"). Gunderson's team found that the more process praise kids got during early childhood, the more likely they were to demonstrate resilience and an "I-can-do-this" attitude during their school years.

Children learn a lot about acceptable behavior from what their parents model for them. As parents, do we have an encouraging, we-can-get-through-this attitude when life throws difficulties our way, or do we demonstrate an ongoing fear of the world? Whatever our responses, our kids are learning about how they should respond to their own setbacks. If we're always complaining about a difficult neighbor or car trouble or a ridiculous fee the bank stuck to our account, our kids will begin to believe that life's complications are worthy of excessive attention and emotion. Yes, we should talk and pray openly about these things, but we need to show our kids what resilient character looks like in difficult circumstances.