

KARE YOUTH LEAGUE GAMES AND ACTIVITIES

Schedule for Saturday, August 27 (Games are subject to change)

C DIVISION

Falcons/Tigers/Tarheels	10:00	U-1
Bulldog #1 vs. Wildcat #1	8:30	KP-J
Bulldog #2 vs. Wildcat #2	9:30	KP-J

AB "Flag" DIVISION

Falcons vs. Tigers	12:15	U-1
Bulldogs vs. Wildcats	11:45	KP-A
Tarheels	Bye	

AB "Tackle" DIVISION

Falcons vs. Tigers	11:00	U-1
Bulldogs vs. Wildcats	8:30	KP-A
Nighthawks	Bye	

AA DIVISION

Falcons vs. Tigers	8:30	U-1
Bulldogs vs. Wildcats	10:00	KP-A
Dragons	Bye	

Pac-12 DIVISION

All Teams Scrimmage at 5:45

Hydration Important in Hot Weather

On hot August and September days it is very important to keep hydrated during practices and games. Some may not realize, but it is not only important to drink a lot of water during the game (16-32 oz. is recommended), but it is also important to drink that much water before and after the game as well. Drinking water before prepares your body for the exercise to come, and drinking it after helps cool the body down from the exercise just completed. Drink water before, during, and after to keep hydrated during activities. Sports drinks are fine if the activity is longer than one hour but for a standard practice water is much more important.



Schedule for Saturday, August 27 (Games are subject to change)

D3 DIVISION

Upland Volleyball 1:30 Upland

D2 DIVISION

TBA

D1 DIVISION

TBA

UPCOMING EVENTS

Rio Hondo Prep Volleyball vs. Arroyo at Rio Hondo Prep in Arcadia on Thursday, August 18 at 4:45 pm.

Kare Youth League Football Camp at Kare Park in Irwindale (1st-8th) on Saturday, August 20 at 5:30 pm.

Kare Youth League Volleyball Camp at Kare Park in Irwindale (3rd&4th) on Saturday, August 20 at 5:30 pm.

Rio Hondo Prep Football vs. El Monte at Kare Park in Irwindale on Friday, August 26 at 7:00 pm.

Kare Youth League Volleyball Camp at Rio Hondo Prep in Arcadia (5th&6th) on Saturday, August 27 at 5:30 pm.

No Kare Youth League Activities from Friday, September 2 to Monday, September 5.

National Army Corps Clean Up Day at Kare Park in Irwindale on Saturday, September 24 from 8:00 am to noon.

Rio Hondo Prep Football vs. Glendale at Kare Park in Irwindale (Homecoming) on Friday, September 30 at 7:00 pm.

Social Media Awareness Presentation at Rio Hondo Prep in Arcadia on Monday, October 3 at 7:00 pm.

Schedule for Saturday, September 10 (Games are subject to change)

GREAT START

Thursday, September 8

Irwindale	5:30	KP-J
Covina	4:30	C-2

C DIVISION

Tigers vs. Tarheels	8:30	C-2
Wildcat #1 vs. Falcons	8:30	KP-J
Wildcat #2 and Bulldog #1 & #2	(No Game)	

AB "Flag" DIVISION

Tigers vs. Tarheels	11:45	C-3
Wildcats vs. Falcons	11:45	KP-A
Bulldogs	Bye	

AB "Tackle" DIVISION

Tigers vs. Nighthawks	8:30	C-3
Wildcats vs. Falcons	8:30	KP-A
Bulldogs	Bye	

AA DIVISION

Tigers vs. Dragons	10:00	C-3
Wildcats vs. Falcons	10:00	KP-A
Bulldogs	Bye	

Pac-12 DIVISION

Stanford vs. USC	4:00	KP-O
Cal vs. UCLA	5:45	KP-O
Washington vs. Oregon	7:30	KP-O

ROYAL FRIENDS

Tuesday, September 6

Upland 5:45 Upland

Saturday, September 10

Covina 9:00 Covina

Monday, September 12

Irwindale 5:00 Irwindale

D3 DIVISION

Covina Drill Team	8:30	Covina
Irwindale Drill	8:30	Irwindale
Upland Volleyball	1:30	Upland

D2 DIVISION

TBA

D1 DIVISION

TBA

Phone: 626.442-1160 • 909.957.5273

Arcadia Center - 5150 Farna Avenue, Arcadia • Covina Center - 735 Glendora Avenue, Covina

Irwindale Center - 1417 Arrow Highway, Irwindale • Upland Center - (Pacific Christian Center) • 800 West Arrow Highway, Upland

INTERLEAGUER

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COLUMN ONE



KYL Football Camp

Saturday, August 20 from 5:30 pm to 8:00 pm (registration begins at 5:00 pm) will be packed with excitement at Kare Park in Irwindale with the annual Football Camp. Boys from 1st – 8th grade will be honing their football skills and playing “under the lights”.

Campers should come dressed to play the game (athletic shorts, cleats, official camp T-shirt but **no pads or helmet**).

The camp offers individual position instruction, speed training, top camper awards, and a camp t-shirt. The cost is \$25.00 if paid before the event or \$30.00 that day.



KYL Volleyball Camp

Saturday, August 20 from 5:30 pm to 8:00 pm (registration begins at 5:15 pm). Kare Park in Irwindale is the place to be for 3rd and 4th grade girls who love volleyball. Kare Youth League will be holding its annual Volleyball Camp (5th and 6th grade girls will be holding their camp Saturday, August 27th at Rio Hondo Prep).

Fundamentals like serving, passing, hitting, and serve receive will be covered. Awards and prizes will also be given out, along with the official camp T-shirt. Campers should wear athletic type shorts, tennis shoes, and knee pads (optional). The cost is \$25.00 if paid before the event or \$30.00 that day.

Hard Work Never Hurt Anyone

(From God’s Little Devotional Book)

Juan grew up in Puerto Rico, the son of a sugar-cane plantation foreman. He lived with his family of eight in a three-room shack with a dirt floor and no toilet. His first job, at the age of six, was to drive oxen to plow the cane fields eight hours a day for \$1, with no breaks. Juan looks back on those days as tedious but important in his life.

It was in the cane fields that he learned to be on time, work hard, and be loyal and respectful to his employers. His job and small income were a great source of self-esteem. At age seven, he got a job at a golf course spotting balls for golfers.

Juan began to dream of playing golf and earning enough money to buy a bicycle. The more he dreamed, the more he thought, why not? He made a club out of a guava limb and a piece of pipe, and then he hammered an empty tin can into a ball. Next, he dug two small holes in the ground and hit the ball back and forth between them. He practiced “golf” with the same intensity he had put into his job in the cane field, only this time he was driving golf balls with a club, rather than oxen with a stick. He got good – very good.

In his thirty-one years as a pro golfer, Juan “Chi Chi” Rodriguez won 8 PGA tournaments, 22 Senior PGA contests, and in 1992 was inducted into the World Golf Hall of Fame. No matter how or where you start in life, you can use your circumstances for your benefit. Difficult circumstances can make you more determined to succeed, if you keep the right attitude.

